



# Slow Food® Santa Fe

## April 2023 News and Upcoming Events

Hello everyone and welcome to Spring! ... perhaps it's finally starting to feel like it? Ah Spring in the Rockies ... sun one minute ... snow the next! At least we've had some moisture to help our gardens and woodlands thrive for the coming seasons. Our 2023 State legislative session concluded this year with some successes for agriculture and including providing regular and healthy meals for children. We hope you'll join us as we support Kitchen Angels for Angels Dine Out this month (see below). The farmers' market has more and more beautiful produce available as the season advances. There was never a shortage of eggs at the market and they now have daffodils with tulips coming soon!

## Tune in to Slow Food Santa Fe Out Loud

For our April 1st show (10 am on KSFR 101.1 FM), we focus on the federal farm bill which is up for its once every 5-year renewal. We talk with Brett Rapkin-Citrenbaum, SFUSA's Farm Bill Community Organizer and Robb Hirsch, Co-founder of NM Healthy Soil. You can listen to previous shows [here](#).



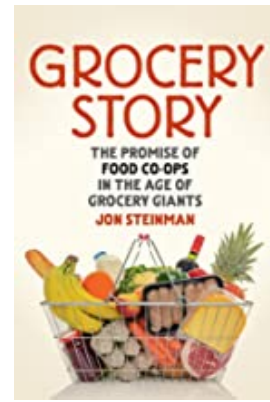
## Angels Dine Out on April 20



Instead of our usual Dinner and a Book event in April, we'll be supporting **Angels Dine Out**. Participating Santa Fe restaurants and bars will donate 25% of your bill to Kitchen Angels. We invite you to join us, Slow Food Santa Fe, at Paloma Restaurant in Santa Fe. Space is limited. If you are interested, email us at [slowfoodsantafe@gmail.com](mailto:slowfoodsantafe@gmail.com). Listen to our March interview with both Kitchen Angels' Dwayne Trujillo and The Food Depots' Sherry Hooper [here](#).

## Dinner and a Book

For our **Dinner & a Book** on Monday May 22nd, we'll be discussing ***Grocery Story: The Promise of Food Co-Ops in the Age of Grocery Giants*** by Jon Steinman. This book starts with a history of the modern grocery store and its place in our food system and then tells the story of a very different kind of grocery store - food co-ops. Email us at [slowfoodsantafe@gmail.com](mailto:slowfoodsantafe@gmail.com) for information on how to join.



## Santa Fe Farmers' Market

The market is thriving with plenty of spring greens with new bounty appearing weekly. Consider signing up for **My Market Ag Bag**, so you can enjoy a variety of the freshest most delicious produce available and support our local farms. Deadline for signups is midnight on April 1st.



## Countering Claims of Food Elitism

We often hear that shopping at farmers' markets or food co-ops is elitist and too expensive. The Santa Fe Farmers' Market and La Montañita Co-op accept SNAP (Supplemental Nutrition Assistant Program) and have Double Up Food Bucks programs making fresh healthy food available broadly. Does elitism mean farmers can pay their bills, feed their family and send their kids to school? Consider the hidden costs of "cheap" food by understanding its real cost by watching [this PBS video](#).



## April 22nd is Earth Day

Earth Day is observed each year on April 22. It is celebrated to support ways to protect the environment. This year's theme is '*Invest in our planet*'.



## Farewell and Welcome

After many years on the Board of Slow Food Santa Fe, and hosting more Dinner and a Book gatherings that we can count, Ellen Lampert is moving away from Santa Fe to be near her children and grandchildren on the East Coast. A huge thanks to Ellen and many good wishes. Bronwyn Poole, well known to active Slow Food Santa Fe members, has joined us. Welcome Bronwyn!

**Do you keep up with our Webpage, Facebook page and Instagram?**

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Slow Food Santa Fe Executive Board