

October 2022 News and Upcoming Events

Welcome to Fall! Fall is such a wonderful time of year here in northern New Mexico. While the nights are cooler and longer the days are still warm and beautiful. This is the time of balloon fiesta and aspen leaves turning golden as well as the last fruits of the season - apples and pears - ripening and becoming sweet. The farmers' market still has so much beautiful, delicious and nutritious abundance!

Tune in to Slow Food Santa Fe Out Loud

Join Slow Food Santa Fe Out Loud on KSFR (101.1 FM and streaming live on KSFR.org) at **10 am Sat October 1st** for conversations with Andrea Abedi and Hilary Kilpatric, two local Santa Feans and long-time friends who returned to their hometown to build *The Kitchen Table*, a commercial kitchen to serve the local community. Previous radio shows can be found *here*.



Join us for our October Dinner and a Book



Join us for **Dinner and a Book** on **Monday October 24 at 6:30 pm MT** for a discussion about **Taste: My Life Through Food** by actor and director Stanley Tucci. Send email to **slowfoodsantafe@gmail.com** for information on how to join. We'll be in touch to follow-up directly with those coming to dinner to coordinate menus and provide directions for newcomers. *Note to regular attendees: the venue will be different this month.*

Food policy - national & local

There was a lot of focus on food and nutrition this week at the White House *Conference on Hunger, Nutrition, and Health*. As eaters, we can all play a role in this endeavor. The administration announced a national strategy that identifies steps to catalyze the public and private sectors to work to end hunger and reduce diet-related disease. Closer to home, the NM Food & Ag Policy Council is holding its next statewide meeting, Tuesday, October 11th, 1:30 - 3:00 pm. You can RSVP *here*. This is a great way to learn about State legislative updates and the agenda for the 2023 legislative session.

Santa Fe Farmers' Market

The farmers' market is filled with wonderful produce. Lots of apples and pears! Check out the What's in Season? **calendar** for what's in season now at the market and what's coming up. And check out the Santa Fe Farmers' Market Institute **Seed the Future** Dinner on October 13 at the Market Pavilion in the Railyard. There are still seats available and you can register at *here*.



Terra Madre 2022



Slow Food International's signature event, held once every 2 years, just concluded in Turin Italy. The event included 3,000 delegates from 130 countries. The message of Terra Madre 2022 was Regeneration, with an invitation to visitors from all over the globe to think about food as key to regenerating our planet and as a bridge to peace. We're planning an interview on our radio show Slow Food Santa Fe Out Loud with a local attendee in December.

You can find all of our events as well as food-related local events and local links, at **www.slowfoodsantafe.org.**

If you use Facebook, "like" us at **Slow Food Santa Fe,** and enjoy our constantly updated postings of food and agriculture-related articles from a broad spectrum of publications.

And on Instagram, check us out at slowfoodsantafe.

Lissa Johnson, Ellen Lampert, Nina Rosenberg

Slow Food Santa Fe Executive Board