



Slow Food® Santa Fe

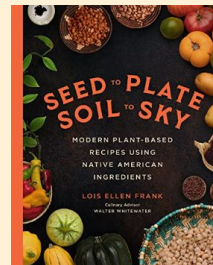
OCTOBER 2023

Fall Delights: Crisp Weather and Sizzling Chile!

OK, we copied that line from the most recent Santa Fe Farmers' Market newsletter but only because it is perfect. The market is overflowing with beautiful fall produce. In honor of Indigenous Peoples' Day on Oct 9th, our radio show this month features Chef Lois Ellen Frank who will talk about the "magic eight", foods that originated and were used here in the Americas for millennia, prior to their export to the rest of the world.

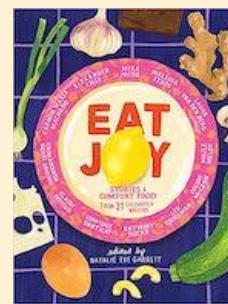
Tune in to Slow Food Santa Fe Out Loud

Tune in to our Oct 7th show (10 am on KSFR 101.1 FM), when we'll be talking with Chef Lois Ellen Frank about her beautiful new book ***Seed to Plate, Soil to Sky***. The book has wonderful recipes that are sure to provide inspiration for the upcoming holidays. You can listen to previous shows [here](#).



Dinner and a Book

For our Oct Dinner & a Book, we'll be discussing ***Eat Joy: Stories & Comfort Food from 31 Celebrated Authors***, edited by Natalie Eve Garrett. You may want to make one of the recipes from the book to share. Note that we will be trying out a new location this month. If you're interested in participating with us on Mon Oct 23rd, email us at slowfoodsantafe@gmail.com for information on how to join.



18 Food Systems Documentaries

Food Tank has compiled a **list** of 18 films that intrigue us. Topics range from the struggles of small-scale farmers to the incredible work of activists advocating for a more sustainable food future. Some are available for free streaming, others for a fee. Let us know if there are films you would like to try to view as a group.

Lots happening in Santa Fe this fall



Do you keep up with our Webpage, Facebook page and Instagram?

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Slow Food Santa Fe Executive Board