



# Slow Food® Santa Fe

## September 2022 News and Upcoming Events

Hello Everyone and welcome to almost fall! The cooler temperatures are good for sweetening up those ripening apples ... at least that's what we're hearing from farmers. Speaking of farmers, we're so looking forward to our annual tour on September 14th, this year in the Española Valley (details below). September is also a great time to join Slow Food or renew your membership - we'll be sending notices during the month about two dates when you can join for any amount - chapters now receive a portion of the membership fees so it means a lot to us and helps with our programming.

### Farm Tour in Española Valley Wed, Sept 14, 2022 1-4:30 pm



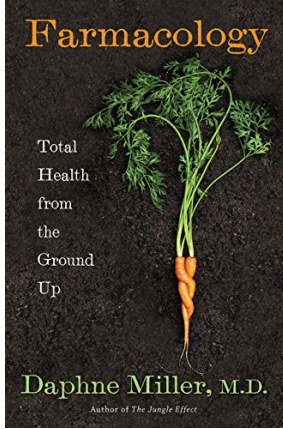
Get to know your farmers and see where and how your food is grown at our tour this year in the Española Valley. From farmers recently starting out to farmers on land that has been farmed for over 400 years, we promise a variety of delightful experiences! Join us on this self-guided tour as we visit **Khalsa Family Farms** in Sembrillo, **The Vagabond Farmers** in La Puebla, and **Santa Cruz Farm and Greenhouses** in Santa Cruz, all within a few minutes of each other and only about 20 minutes from Santa Fe. Tour participants can also stop by nearby **Annie's Herbs** to purchase dried herbs at her farm stand. Click [here](#) for more information and to register.

*Tune in to Slow Food Santa Fe Out Loud on Sept 3rd for conversations with farmers from the three Española Valley farms on the tour*

Join Slow Food Santa Fe Out Loud on KSFR (101.1 FM and streaming live on [KSFR.org](http://KSFR.org)) at **10 am Sat Sept 3rd** for conversations with farmers from the three Española Valley farms on our September farm tour. Previous radio shows can be found [here](#).



**Join us for our September Dinner and a Book**



Join us for **Dinner and a Book on Monday September 19 at 6:30 pm MT** for a discussion about **Farmacology: Total Health from the Ground Up** by **Daphne Miller**, practicing family physician and renowned nutrition explorer who takes us beyond the simple concept of "food as medicine" and introduces us to the idea that it's the farm where that food is grown that offers us the real medicine. Send email to **[slowfoodsantafe@gmail.com](mailto:slowfoodsantafe@gmail.com)** for information on how to join. Dinner host Ellen Lampert will follow-up directly with those coming to dinner to coordinate menus, provide directions for newcomers.

## Are you a member of Slow Food?



A reminder to everyone that the Slow Food USA membership drive is coming up beginning September 6th. Local chapters don't actually have members as such, rather when you join Slow Food USA you affiliate with a local chapter. The benefit to the local chapter is that when you do this, the chapter receives a percentage of the membership fee so we encourage you to join. Membership with Slow Food USA offers you opportunities to

- CONNECT with other people and become part of a global community;
- LEARN more about the Slow Food movement;
- ENGAGE in helping to make a difference;
- SUPPORT an organization working toward the change you want to see.

You can go to **[slowfoodsantafe.org](http://slowfoodsantafe.org)** and click on "become a member" on the upper right-hand side of the page. There will be two give-what-you-can days that will be announced in September. If you aren't sure if your membership is current, email us (**[slowfoodsantafe@gmail.com](mailto:slowfoodsantafe@gmail.com)**) and we will check for you.

## Santa Fe Farmers' Market

The farmers' market is filled with wonderful produce. We especially love the returning of freshly roasted chile. Yes, it's that time of year. Check out the What's in Season? **calendar** for what's in season now at the market and what's coming up.



## Speaking of Roasting Chile

What started one afternoon in the Old Sanbusco Mall Parking lot in September 1991 as a 1-day food and wine event with 20 restaurants and 20 wineries, is now an annual 5-day event with over 60 participating restaurants and 90 winery partners. Check out this year's Santa Fe Wine and Chile Fiesta **program line-up** and plan your schedule!



You can find all of our events as well as food-related local events and local links, at **[www.slowfoodsantafe.org](http://www.slowfoodsantafe.org)**.

If you use Facebook, “like” us at **Slow Food Santa Fe**, and enjoy our constantly updated postings of food and agriculture-related articles from a broad spectrum of publications.

And on Instagram, check us out at ***[slowfoodsantafe](#)***.

***Lissa Johnson, Ellen Lampert, Nina Rosenberg***  
Slow Food Santa Fe Executive Board